

Radical Transformational Leadership for Realizing SDGs

WHO CAN PARTICIPATE?

The learning in action program is designed to enhance self-care for all citizens and practitioners in any sector, namely development, education, health and corporate. Teachers and students of schools and higher education institutions, volunteers, employers and workplace managers, disaster frontline workers, counsellors and related professionals, families and caregivers, community leaders, volunteers and members and stakeholders such as police, judiciary, government and policy makers will benefit from this program. They will be able to identify their experiences related to stressful situations and develop a relationship with stress that transcends distress and fosters resilience.

TIMINGS OF THE COURSE:

The Course is offered over 15 sessions, beginning **12th August 2026 to 11th September 2026**, thrice a week on **Monday, Wednesday/Thursday, and Friday**. Each session will last for 2 hours from **7:30 – 9:30 pm IST**. Participation in all sessions is mandatory.

Check your local time below

[Dateful Time Zone Converter](#)

DATES OF THE PROGRAMME

The dates of the session are given below:

Month 2026	Monday	Wednesday	Thursday	Friday
Week 1 (Aug)	X	12-Aug	13-Aug	14-Aug
Week 2 (Aug)	17-Aug	19- Aug	X	21-Aug
Week 3 (Aug)	24-Aug	X (Id)	27-Aug	X
Week 4 (Aug-Sept)	31-Aug	2 Sept	X	4-Sept
Week 5 (Sept)	7-Sept	9-Sept	10-Sept	11-Sept

All participants must commit to participating in all the sessions of the course.

TO REGISTER

Fill the form: [Click here](#)

Last date to apply: 31st July 2026

Last day for payment of registration fee: 7 Aug 2026

While registering for the course, all participants are requested to sign the letter of integrity.

REGISTRATION FEE

- Participants from India: INR 14750 (inclusive of GST)
- International participants: USD 400



If you would like to sponsor any candidate or contribute to a scholarship

- This is not a sponsored program, we have not procured grants for the course, and we are exploring for scholarships.
- The facilitators are working pro bono. The course fee will be used for community activities and learning.

COURSE FACILITATORS

Srilatha Juvva is a social work educator and Professor with the Tata Institute of Social Sciences in Mumbai. She is a practitioner coach, trained in Dr. Monica Sharma's Radical Transformational Leadership and applies this to transform higher education and service delivery in the sectors of mental health and disability. She uses these tools and templates also to transform disempowering narratives of mental health and disability through fostering dignity, full potential and ethical leadership in people.

Gayathri KR is a child and adolescent mental health and social work professional, with over 14 years work experience. She has been trained and involved in offering trauma informed therapeutic interventions with children in schools, family court, clinics and communities. Currently she is pursuing her doctoral degree in Social Work. As RTL practitioner coach, she applies RTL tools and templates to her work in child and adolescent mental health interventions. She is committed to co-creating nurturing and resilient communities.

Dr. Monica Sharma (course advisor) trained as a physician and epidemiologist, worked for the United Nations since 1988 for 22 years. Currently, she engages worldwide as an International Expert and Practitioner on Leadership Development for sustainable and equitable change. She works with United Nations, Universities, Management Institutions, governments, business, media and civil society organisations. She is the author of the award-winning book "Radical Transformational Leadership: Strategic Action for Change Agents". She created a unique response based on extensive application –a conscious full-spectrum model- that generated equitable and sustainable results related to several Sustainable Development Goals, worldwide. As a practitioner, her proven track record of generating measurable results at scale, expertise related to achieving sustainable development goals as well as enhancing leadership on every continent, are unique.

Global RTL Mental Health group

The self-care course is an activity of the Global RTL Mental Health group. The members are:

Srilatha Juvva (Coordinator) is social work educator and RTL Practitioner Coach

Bridget Horkan Co-founder and manager of Thamarai Educational Projects, Auroville and RTL Practitioner Coach

Chitra Lakshman Honorary Director, Vidya Vardhini Foundation Trust, Mumbai and RTL Practitioner Coach

Gayathri KR child and adolescent mental health social worker and RTL Practitioner Coach

Glasika Verma is a social work counsellor, programme coordinator or RTLWorks and RTL Practitioner Coach

Monica Sharma founder of RTLeads and author of "Radical Transformational Leadership: Strategic Action for Change Agents"

Olfat Allam is an international psychology consultant and gender; leadership development expert and





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RTL Practitioner Coach

Therese Adams is Executive Director of the National Alliance on Mental Illness (NAMI) affiliate in Santa Cruz, California, RTL Practitioner Coach and Global Coordinator – RTLArts

Robyn McKeen is co-founder and social impact consultant with Impact Launch, and RTL Practitioner Coach

Write up for social media

Fostering resilience and wellbeing is based on the premise that all people can anchor themselves in innate universal values and be in action to shift to heal self and shift diminishing systems and cultural norms into life enhancing practices for inclusion and care. RTL self-care course enable participants to recognize triggers from life diminishing practices at home, work and society for responsive action, using the CFSR model.

