

Becoming and being a Shifu Programme

Concept Note

The Becoming and Being a Shifu Programme is an immersive residential learning journey designed for young people who aspire to realize their full potential and contribute meaningfully to society. The programme emerged from the recognition that conventional education often focuses on theoretical knowledge while giving limited attention to real-world skills, personal growth, leadership, and self-awareness.

At Shifu, learning goes beyond acquiring technical knowledge. The programme integrates three dimensions of development:

Skills – Learners build practical expertise in areas such as programming, web technologies, artificial intelligence, data science, electronics, and VLSI design while strengthening foundational skills in mathematics and communication.

Competencies – Participants develop higher-order thinking, problem-solving, teamwork, communication, teaching, systems thinking, and the ability to become principled change-makers in their communities and workplaces.

Inner Capacities – Through reflection, meditation, Responsibility-Based Learning, and Radical Transformational Leadership practices, learners cultivate self-awareness, self-regulation, responsibility, courage, dignity, and compassion.

At the heart of the programme is the belief that learning happens through doing. Learners engage in projects, presentations, peer learning, mentoring, reading, reflection, and real-world challenges. Rather than being given answers, they are encouraged to explore, experiment, ask questions, and discover solutions independently.

The Shifu culture nurtures lifelong learning through daily reading, self-observation, weekly presentations, reflective practices, meditation, and community living. Learners take ownership of their growth, support one another, and develop the confidence to lead meaningful lives.

Inspired by the vision of human unity and transformation, the Becoming and Being a Shifu Programme prepares young people not only for careers but also for conscious living, responsible leadership, and creating positive change in the world.

A Shifu is not simply someone who learns. A Shifu is someone who grows, helps others grow, and contributes to a better future for all.

About the program: <https://www.auraauro.com/about-bnbshifu/>

Paper presented: https://www.auraauro.com/research_books/Teachers_Higher_Education.pdf

Sample Blogs:

- Shifu presentation: <https://www.auraauero.com/blog/learning-together-our-journey-through-shifu-presentations/>
- Our morning meetings: <https://www.auraauero.com/blog/learning-together-growing-stronger/>
- Community Living: <https://www.auraauero.com/blog/creating-a-culture-of-care-and-responsibility/>
- Saturday activities: <https://www.auraauero.com/growth/growing-together-our-saturday-garden-activities/>
- Learning Workshops: <https://www.auraauero.com/bvoc/electronics-workshop-2025/>
- Vipassana: <https://www.auraauero.com/uncategorized/my-reflection-on-the-two-week-vipassana-course/>