

Compassionate Leaders: Thriving Together with SEL+

In a time of growing complexity and emotional strain, students, educators, and leaders need more than academic knowledge or technical skills. They need the ability to understand themselves, manage emotions, build healthy relationships, and act with awareness and responsibility. Social and Emotional Learning (SEL) offers this foundation by building emotional literacy, empathy, and relational skills. Radical Transformational Leadership (RTL) deepens this by focusing on the root of our being—our universal values—and how it guides our actions to create meaningful change in our systems, cultures, and relationships.

This webinar introduces how SEL and RTL come together to offer a deeper, more meaningful way of approaching learning, leadership, and well-being. It is designed for students, educators, school leaders, counsellors, facilitators, and anyone who wants to move beyond surface-level behaviour change and begin co-creating environments of trust, dignity, emotional safety and respect.

Through reflection, simple practices, and real-life examples, participants will get a glimpse into how self-awareness supports emotional regulation, how empathy strengthens connection, and how being responsibly anchored in our universal values allows us to respond rather than react and have the courage to act. We will explore what often lies beneath behaviour—in classrooms, teams, and families—and how even small shifts in awareness can change the quality of our interactions.

RTL adds an important dimension to SEL by focusing on *who we are being* in each moment. When adults and students become more aware, grounded, and emotionally present, they naturally create spaces where people feel seen, heard, and safe to learn. This webinar offers an entry point into noticing our own patterns and opening up new ways of showing up with clarity and care.

Key Takeaways:

- Insights on how to lead with compassion and empathy
- Understanding ways to build resilience and emotional strength
- Reflection on practical approaches you can apply in your context

 **Date:** May 22nd
 **Time:** 7pm
 **Mode:** Online

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